

The Village View.

Redcliffe, Spring 2017



Official opening

Join us on Saturday 7 October from 10:00am for the official opening of our new community centre.

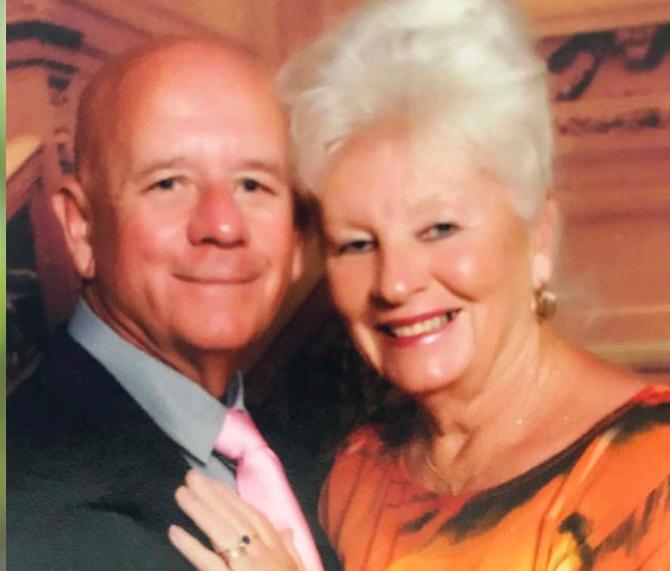
Our crafty Villagers will be there to showcase their wares; our bowlers will explain biases, backhands and blockers; our ukulele group will entertain; and our visiting jazz band will top off the day with some swinging tunes.

Enjoy a delicious morning tea while exploring the community centre, complete with library, cinema, billiards room, and indoor heated pool.

So, if you've ever been curious about The Village Redcliffe, or the enviable lifestyle our villagers enjoy, why not pop along to the opening to see for yourself what makes us so special?

Don't Retire For Good. **Retire For Great.**

There is no place like home



Meet Alf & Jean

"I didn't want to come." That was Jean's first reaction when the idea of moving to a retirement village was first floated with her. "Now I couldn't be happier!"

Enjoying a relaxing chat on the expansive sunny terrace of the new community centre, effervescent couple Alf and Jean are unreserved about their love of their lifestyle at The Village Redcliffe.

As they look out over the adjacent bowling green, it is hard for the couple to pinpoint one aspect that makes their new life so special.

"We have a nice unit with three bedrooms and an ensuite. We love the setting. We love the outlook. It is six star," explains Jean.

A romantic at heart, Alf adds, "home is where Jean and I are. Most of all, if anything happens to me,



I really think that being happy makes you live longer

I know Jean is safe."

Former competitive bowlers, Alf and Jean have embraced the community aspects of retirement living, affably passing on their skills to others in the village who are keen to have go at the sport.

And, when the game is over, the group gathers by the outdoor pizza oven and barbeque to enjoy a drink, a chat and a laugh.

Pausing to wave to some of the ladies heading into the community centre for a gathering of The Village Vixens, Jean talks about the couple's social life and their genuine desire to be happy and make others happy.

"Our neighbours are like extended family. We all get together to enjoy celebrations such as Christmas.

We're also going on a cruise later this year with 10 other villagers.

"I really think that being happy makes you live longer, and we all have that in common. We're all here for happiness and to have fun."

When asked about the challenges of moving and downsizing, the couple casually respond that it need only be as hard as you make it - particularly when it came to former tradesman, Alf parting with his garage full of treasured tools.

"I gave them to the kids and grandkids. If ever I need them, I can just borrow them back," Alf says matter-of-factly.

"Although it took us longer than we'd hoped to sell our house, which is difficult when you have your mind made up about moving, everybody here was so helpful. There was no pressure put on us."

"And now that we are here, we really don't think we could have done better."

As I bid them farewell, Alf and Jean bubble enthusiastically about their upcoming six week holiday to the UK to look after the grandkids during the school holidays.

"We can just lock up and go away with the peace of mind of knowing everything is safe and will be looked after."

"But we always look forward to coming back. There is no place like home."

Press play ▶
on life

In-house specialist support



"Press play on life" – that's the driving philosophy behind everything we do at The Village Retirement Group.

We want our residents to feel confident, independent and happy – but more than that – we want them to have the time of their lives, try new things, meet new friends, travel, laugh.

From the architecture of our buildings, to the features of our communal areas, to the design of our units – we're about social interaction, keeping the body and mind fit and providing cosy havens for our residents to relax at leisure.

We are also mindful that as we age things may get a little harder. It may take a little longer to recover from an illness or an injury. We may just slow down or lose a little confidence. Inevitably, we will lose friends and loved ones.

With the right support and assistance these need not be barriers to our ongoing wellbeing.

Michele Matheson RN is our Village Clinical Care Coordinator. Her core purpose is to maintain or improve our residents' quality of life.

"When a resident has made the decision to move into our retirement village, my role is to help to keep them there," Michele said.

"A key part of that is to focus on positive ageing, providing advice on maintaining a positive attitude, feeling good about yourself, keeping fit and healthy, and remaining engaged as you age".

Michele is a Registered Nurse with extensive community care experience. She has the professional expertise to provide advice from a clinical perspective.

"My background gives me the capability to identify changes in physical and mental wellbeing and I can act as a conduit between residents and service providers to ensure that they are referred to appropriate, quality assistance that meets their needs."

Michele cites the example of a resident who has lost a loved one.

"Many of our aged residents would not seek emotional counselling for their grief as they have grown up in an era when you just 'got on with it'.

"If unchecked, there is a risk of becoming socially isolated, perhaps falling into poor nutritional practices and suffering physical illness.

"Once made aware of this circumstance I can respectfully keep an eye on the resident, have gentle conversations and refer to professional support if needed."

The availability of a dedicated Care Coordinator brings peace of mind – knowing there is an approachable person on hand with a clinical nursing background who can provide advice, guidance and gentle direction where needed.

"Residents, family members, neighbours and Village staff can come to me for confidential conversations to discuss any concerns. Depending on the nature of that concern, I can facilitate the next steps."

Michele describes her role as empowering residents to identify their future needs so they can make informed decisions and have control and choice about their lifestyle and care options.

"I am advocating on behalf of the residents and their families and if the time comes to require homecare services or to move from independent living into full time care, I'm on hand to assist with navigating the complex aged care framework."

The Village Retirement Group prides itself on taking care of all our residents' tomorrows.

From developing quality independent living, to providing care coordination, to having aged care facilities in the same precinct as our Villages, The Village Retirement Group has an integrated approach to retirement living.



Sales Update.

The Village Redcliffe is fast growing a reputation as a fun, vibrant, inclusive community for over 65s.

Our villagers enjoy an enviable lifestyle in beautifully appointed villas that afford them privacy when they want it, and the chance to interact with friends and neighbours when they please.

To date we have completed 11 Stages of development, 254 units in total, and our new villas sell as fast as we can build them, with no new units currently on the market.

Fortunately we regularly have resale villas available for those who want to live and love their retirement dream at The Village Redcliffe.

Reinstated to brand new, these resale villas are in well-established streets, with thriving gardens and a friendly neighbourhood vibe, so it is as easy as moving in. However they do not last long so, should you be interested in calling The Village home, we encourage you to contact us as early as possible.

We would love to meet you to find out exactly what you after so that you will be the first to know when the right villa for you becomes available.

Call Marg or Emma today on 3204 1884.

Introducing new village manager

Our Village Managers are exceptional people. They troubleshoot issues. They listen, support and guide. They treat our villagers like family and are there for them from the day they move in until the day they leave.

On 4 September we welcomed a new Village Manager, Sharon Johanson. Sharon has a wealth of experience in aged care and customer service and we are delighted that she is joining our community.

Five things you might not know about The Village Redcliffe

1.

We are pet friendly and have a dog off-lead area coming soon

2.

We love welcoming members from the broader community to join us for cards on Wednesdays. Why not come along and try your hand at Bolivia, Pennies from Heaven or Mahjong

3.

All of our villas feature coveted northern aspects to enjoy the best of our beautiful Queensland weather and our wide streets cater perfectly for safe walking and cycling around our village

4.

At just 1.5km from the Redcliffe business district, we are close to all the peninsula has to offer including:

- Woody Point jetty and the surrounding beaches and shopping precinct
- Award-winning seafood restaurants and dining options
- Kippa Ring shopping centre
- The Redcliffe City Library
- The Dolphins Leagues Club
- The Scarborough Boat Harbour
- Sporting amenities including – Redcliffe City Golf Course, ten pin bowling and Scarborough, Bramble Bay and Deception Bay bowls clubs
- Walking distance to Rothwell train station
- Churches of various denominations
- Hospitals and medical services

5.

Our villagers are spoilt for choice, with two solar heated pools to enjoy

The Village Redcliffe
33 Buchanan Street, Rothwell

Ph. 3204 1884

Visit redcliffe.thevillage.com.au